



**HEALTHIER COMMUNITIES COMMITTEE
NORTH CARIBOO**

Promoting healthy eating & local food security

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<http://growingnorthcariboosociety.farmed.ca/>

INVITATION TO PARTICIPATE

INVENTORY OF LOCAL PEOPLE, FOOD AND RESOURCES FOR THE NORTH CARIBOO

Individuals, Non-Profits, Events, and Facilities

May 17, 2016

The Partners for Healthier Communities Committee: North Cariboo (P4HC: NC) is leading a project titled “*Empowering Family Health*”. One component of this project is to develop a resource inventory of local people and leaders, non profit groups, facilities, and events that are involved in and /or support food production, food security and /or food system initiatives and agricultural practices in the North Cariboo. This information will be compiled into a document which will be available as hard copy and online for residents, agencies and organizations to use. The intent is that this inventory be as complete and thorough as possible. We anticipate that this will be a living document but to begin with, we are looking for the following:

- 1. PEOPLE:** who are knowledgeable or mentors who are willing to share, lead and /or present on a topic related to food production and preservation and agricultural practices.
- 2. NON-PROFIT ORGANIZATIONS:** which have a mandate associated with local food production, processing, preservation and /or marketing.
- 3. EVENTS:** that are held in the North Cariboo which bring community together, showcase and /or celebrate the importance of local food production, food security and agriculture.
- 4. FACILITIES:** that are available for use for food production / preservation.

Attached are four different “Inventory Forms”; one for each of the categories listed above. For additional information on this project or how to be listed in the Resource Inventory, this project and its partners, please contact Heloise Dixon-Warren, 250.249.5329 / empoweringfamilyhealth@gmail.com or check out the “Empowering Family Health” weblog empoweringfamilyhealth.blogspot.com **DEADLINE TO BE INCLUDED IN RESOURCE INVENTORY: June 20, 2016.** For information on the P4HC:NC or *Growing North Cariboo*, please contact Lynda Atkinson at GNC@farmed.ca or 250.747.3700.

More places to come together, More Spaces to Grow Food, More Ways to be Active

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INVENTORY OF LOCAL PEOPLE, FOOD AND RESOURCES FOR THE NORTH CARIBOO

People, Non Profits, Events, and Facilities

Are you knowledgeable on a topic related to local food production, preservation and /or agricultural practices and willing to present with others or act as a mentor? If so, please complete the following so you can be included in the List of Resource Persons. Once completed, please fax to 250.249.5359 / email empoweringfamilyhealth@gmail.com or mail to GNC, c/o 2861 Nazko Road, Quesnel, BC, V2J 7E5

A. Contact Information

Your Name:	Business Name:
Community*:	
Mailing Address:	
Telephone Number	Email:
Website:	

*In which community do you live eg. Wells, Bouchie Lake, Kersley, Nazko, Quesnel, etc.

B. Categories - please check all that apply that you are knowledgeable in and willing to share:

- Food Processing / Preservation / Storage (root cellars, canning, dehydration)
- Small Animal Production (poultry, goats, bees, etc.)
- Vegetable Growing (root vegetables, greens / herbs, edible flowers, seed saving, etc.)
- Fruit and Berry Production (berries, fruit trees, pruning, pollinators)
- Wild Foraging (mushrooms, fiddleheads, flowers, fruit, medicinal plants)
- Soil Building and Amendments (composting, manure management, soil texture, etc.)
- Other: _____

C. Specific Topic(s): Please provide a brief summary of what specific topic you are knowledgeable in and wish to share (e.g. growing garlic, bokashi, hugelkulture, pruning, mason bees, etc.). Please provide as much detail as you like. Use back of paper if necessary.

Do you have any accreditations & /or training which supports your topics (e.g. FoodSafe, Market Safe, Agrologist, Forester, Nutritionist, etc.)?

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People, *Non Profits*, Events, and Facilities

Non-profit organizations (registered and non-registered) have a vital role in creating healthy and engaged communities. Is the non-profit you are involved with have a mandate associated with local food production, agriculture, processing, preservation and /or marketing? If so, please complete the following so your group can be included in the List of Organisations. Once completed, please fax to 250.249.5359 / email empoweringfamilyhealth@gmail.com or mail to GNC, c/o 2861 Nazko Road, Quesnel, BC, V2J 7E5

A. Contact Information

Organization Name:		
Community*:	Number of Members:	
Mailing Address:		
Telephone Number	Email:	
Website:	Facebook: YES	NO

*In which community does your organization operate in? e.g. North Cariboo, Wells, Bouchie Lake, Kersley, Nazko, Quesnel, etc.

B. What is your organization’s mandate in terms of local food production, agriculture, food processing, preservation or marketing? If applicable, refer to your constitution.

C. Events / Projects / Activities: Please provide some information on any events / projects and /or events that your organization is involved with or hosts on an annual basis? Please include 2-3 photos.

D. How would someone get involved with or join your organization?

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People, Non Profits, *Events*, and Facilities

Events are important for bringing people together, the sharing of information, and are key to community health. Events are often hosted by an organization but typically involve other organizations, partners and agencies. Are you an organizer of an event that is held in the North Cariboo which brings community together, showcases, celebrates and educates on the importance of local food production, food security and agriculture? If so, please complete the following so your group can be included in the List of Organisations. Once completed, please fax to 250.249.5359 / email empoweringfamilyhealth@gmail.com or mail to GNC, c/o 2861 Nazko Road, Quesnel, BC, V2J 7E5

A. Contact Information

Event Name:	
Event Host:	
Community*:	Date of Event:
Mailing Address:	
Telephone Number	Email:
Website:	Facebook: YES NO

*In which community does your organization operate in? e.g. North Cariboo, Wells, Bouchie Lake, Kersley, Nazko, Quesnel, etc.

B. Please provide a description of your event. Please include 2-3 photos.

D. How would someone get involved with this Event?

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People, Non Profits, Events, and *Facilities*

Facilities which have a community or commercial kitchen which is available for food processing and preservation are key to having a food secure community. Community members are more likely to use facilities which are close to their homes and which are accessible. If your organization has a kitchen which is available for community use, please provide details below. Once completed, please fax to 250.249.5359 / email empoweringfamilyhealth@gmail.com or mail to GNC, c/o 2861 Nazko Road, Quesnel, BC, V2J 7E5

A. Contact Information

Facility:		
Organisation:		
Community*:		
Mailing Address:		
Telephone Number	Email:	
Website:	Facebook: YES	NO

*In which community does your organization operate in? e.g. North Cariboo, Wells, Bouchie Lake, Kersley, Nazko, Quesnel, etc.

B. Is your kitchen a “Commercial Kitchen” YES NO

C. Please provide a description of the kitchen in the facility? Please include details such as size (square footage), processing equipment (e.g. canning pots, pressure canner, dehydrator, steamer, etc.). Please include 2-3 photos.

D. How would someone access and /or book the kitchen? Are there any limitations and / or any requirements?

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