



**HEALTHIER COMMUNITIES COMMITTEE
NORTH CARIBOO**

Promoting healthy eating & local food security

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MINUTES

May 30, 2016

Longname Society Board Room 9:00 – 10:00am

**North Cariboo P4HC Empowering Family Health Project
Steering Committee**

Name	Organization
Lori Fogarty	FARMED; Growing North Cariboo Society
Colleen Gatenby	Quesnel Community Gardens
Sue Myles	Bouchie Lake Community
Cathy Juric	North Cariboo Aboriginal Family Program Society
Lynda Atkinson	Kersley Farmers Institute, GNC Society
Heloise Dixon Warren	Empowering Family Health Facilitator

In Attendance: Cathy Juric, Heloise Dixon-Warren, Sue Myles, Lori Fogarty, Colleen Gatenby, Robin Sharpe

Regrets: Lynda Atkinson

1. Welcome to the North Cariboo Aboriginal Family Program Society (Longname Society):

2. Updates from Facilitator:

- The meeting of the Country Kids Club was held at the Bouchie Lake Country Store on May 29 and was well attended. An estimated 50 people are involved.
- The group is member led and will set up a group site on Facebook.
- Letter for sponsorship of the Country Kids Club will be written by Heloise and signed by Sue Myles as chair of GNC. The committee gave the approval to use the GNC letterhead.
- It was suggested that the group create a display of the project for the Fall Fair. Sue will work on this as a member of the club.
- Heloise is continuing to check out the different types of table covers and has emailed Hello group to get a quote. She will keep the committee informed so a decision can be

- made.
- Colleen will share the names of the workshop leaders that she has collected so Heloise can make contact with them.
- 3. Blogsite:** The Empowering Family Health blogsite was reviewed by the committee. Heloise is finding it to be an excellent way to share the information collected, although there may be some limitations on the length of the pages, as they cannot be sub-categorized, like on a website format.
 - 4. Wells:** Margaret emailed to say they will not be able to install an underground water line for the school community garden and will be able to use a garden hose instead. The funds not used will be allocated to other aspects of the Wells community garden project. She wondered if we needed to inform Northern Health. The committee recommended letting Holly Christian know. Lori will email her.
 - 5. Table cover for display booth:**
 - 6. Facilities Equipment Lists:** Heloise reminded the Equipment committee members to hand in their lists.
 - 7. Facilitator Contract:** Signed by Heloise and Robin and distributed.
 - 8. NEXT MEETING:** To be determined.